

## **Children's Health Policy and Procedures**

Bright Child Montessori is responsible to support children's health and well-being, comply with health-related requirements, reduce illness from spreading from one child in the program to other children and adults, and respond to health problems.

## **Procedures:**

- 1. Illness: Children cannot attend the school if illness prevents their ability to participate in regular daily routines or if attendance could be harmful to themselves or others. Families will be advised to make alternative care arrangements and seek medical attention for the following conditions:
  - Unexplained or undiagnosed pain
  - Acute cold with fever, runny nose and eyes, coughing and sore throat
  - Difficulty with breathing
  - Fever over 38 degrees centigrade accompanied by general symptoms such as listlessness
  - Sore throat and difficulty swallowing
  - Undiagnosed skin or eye rash
  - Headache and stiff neck
  - Unexplained diarrhea or loose stool combined with vomiting and abdominal cramps
  - Severe itching of body and scalp
  - Known or suspected communicable diseases

When a child is diagnosed with a communicable disease (e.g., chicken pox) the child care program will advise the local public health unit and the families of other children in the program.

2. Medication: Medication will be administered to children with written permission from parents/guardians and a medical physician. Staff will document the administration of the medication on the Medical Authorization Log.





- 3. Hygiene: Daily routines will include regular hand-washing and sanitary clean-up, and implementation of universal precaution guidelines with respect to bodily fluids. Sanitary procedures and universal precaution guidelines will be posted in food preparation and bathroom areas.
- 4. Medical record: All children will have a complete medical record form on file upon enrollment in the school.
- 5. Allergies: Children with allergies will have a medical form completed by a physician on file that outlines the management of the allergies, what program staff should be aware of, and how to handle emergency situations.
- 6. Daily written record: The daily record will include a summary of any incidents affecting the health, safety or well-being of the staff and children enrolled in the school.
- 7. Immunization: Parents/guardians will ensure up-to-date immunization shots.
- 8. First aid: First aid supplies and the field trip first aid kit will be checked every two months.





## **First Aid Supplies**

- Adhesive tape and non-allergic tape
- Band-aids—large and small sizes
- Tensor bandage
- Thick dressings
- Triangular bandages with safety pins
- Butterfly bandages—small sizes
- Stretchy gauze
- Gauze pads for cleansing wounds
- Sterile Telfa pads
- Flashlight with batteries
- Scissors
- Tweezers with points
- Fever strips or thermometer
- Reusable ice packs
- Sunscreen 15 SPF or higher
- Disposable gloves
- First aid book

## **First Aid Kit for Field Trips**

- Safety pins
- Scissors
- Alcohol swabs or wet wipes for cleansing
- Triangular bandage
- Gauze pads and stretchy gauze roll
- Adhesive tape and non-allergic tape
- Tensor bandage
- Thick dressing
- Band aids
- Fever strips
- Sunscreen with 15 SPF or above
- Instant ice pack
- Disposable gloves
- A "throw up" bag
- List of children's allergies
- Emergency Contact Information

